

E  
n  
g  
l  
i  
s  
h



## Audio

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## Volume One

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# Volume One



## The Alphabet

A, B, C, D, E,

F, G, H, I, J,

K, L, M, N, O,

P, Q, R, S, T,

U, V, W, X, Y, Z

# Animals

Ant

Bat

Camel

Cat

Chicken

Chimpanzee

Cow

Crocodile

Dog

Dolphin

Donkey

Elephant

Fish

Frog

Giraffe

Goat

Gorilla

Guinea Pig

Hippo

Horse

Kangaroo

Lion

Monkey

Mouse

Owl

Parrot

Pig

Rabbit

Rhino

Sheep

Snail

Snake

Spider

Tiger

Turtle

Zebra



# Basic Verbs

To be

To buy

To do

To drink

To drive

To eat

To finish

To get

To give

To go

To have

To know

To learn

To leave

To like

To look

To love

To make

To play

To sit

To take

To try

To write

To put

To sleep

To talk

To watch

To understand

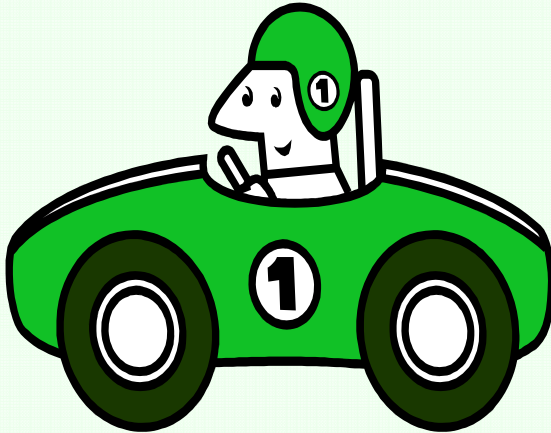
To read

To start

To think

To work

To use



# Clothes

Belt

Bikini

Blouse

Boot

Dress

Dressing Gown

Cardigan

Coat

Flip Flops

Gloves



Jacket

Jeans

Sandals

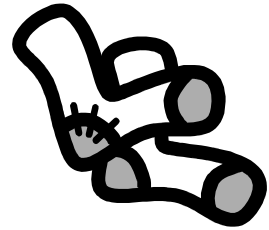
Scarf

Shirt

Skirt

Slippers

Socks



Sweater

Suit

Swim Suit

Swimming Trunks

T-Shirt

Tie

Tights

Trainers

Trousers

Underwear

# Colours

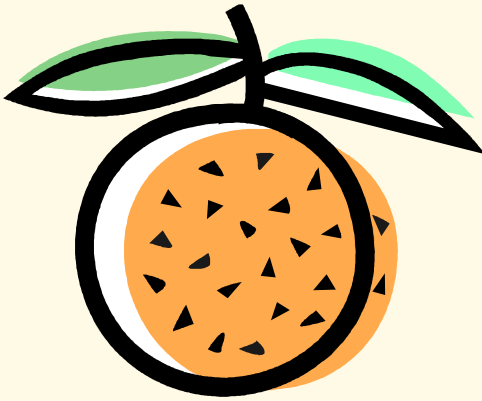
White

Black

Red

Yellow

Green



Brown

Purple

Orange

Pink

Grey

Light blue

Dark blue

# Days, Months and Seasons



## Months

January  
February  
March  
April  
May  
June  
July  
August  
September  
October  
November  
December

## Seasons

Spring  
Summer  
Autumn  
Winter

## Days

Monday  
Tuesday  
Wednesday  
Thursday  
Friday  
Saturday  
Sunday



# Family

Adopted daughter

Adopted son

Aunt

Brother

Brother-in-law

Children

Cousin

Dad

Daughter

Daughter-in-law

Ex-husband

Ex-wife

Father

Goddaughter

Godfather

Godmother

Godson

Grandchildren

Granddaughter

Grandfather / Granddad

Grandmother / Grandma

Grandparents

Grandson

Great Grandchildren

Great Grandparents

Husband

Mother

Mum



Nephew

Niece

Siblings

Sister

Sister-in-law

Son

Son-in-law

Step brother

Stepchild

Stepdaughter

Stepfather

Stepmother

Stepsister

Uncle

Wife



# Food & Drink

## Meals

Breakfast  
Lunch  
Dinner  
First course  
Second course  
Dessert

## Dairy

Butter  
Ice cream  
Cheese  
Yoghurt  
Egg  
Milk



## Drinks

Coffee  
Tea  
Hot chocolate  
Water  
Juice  
Lemonade  
Wine  
Spirits

## Fruit

Apple  
Banana  
Pear  
Pineapple  
Plum  
Lemon  
Melon  
Oranges  
Strawberry  
Kiwi Fruit  
Raspberry  
Blackberry  
Grapes



## Meat

Beef  
Steak  
Burger  
Pork  
Sausages  
Ham,  
Bacon  
Lamb  
Chop  
Chicken  
Leg  
Breast  
Nugget

# Food and Drink



## Seafood

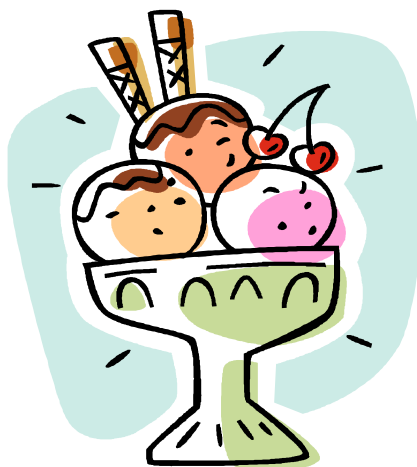
Salmon  
Tuna  
Cod  
Prawns  
Lobster

## Vegetables & Salad

Cabbage  
Carrot  
Garlic  
Lettuce  
Mushrooms  
Onion  
Potato  
Tomato  
Aubergine  
Pepper  
Courgette  
Peas  
Sweet corn  
Pumpkin  
Brussel Sprout

## Desserts

Apple pie  
Profiteroles  
Sundae  
Christmas Pudding  
Chocolate Fudge Cake



## Snacks

Crisps  
Chocolate  
Biscuit  
Nuts  
Sandwich  
Chips  
Hamburger  
Hot Dog

# Irregular Verbs

V1	V2	V3
Be	was/were	been
Beat	beat	beaten
Become	became	become
Begin	began	begun
Bite	bit	bitten
Blow	blew	blown
Break	broke	broken
Bring	brought	brought
Build	built	built
Buy	bought	bought
Catch	caught	caught
Choose	chose	chosen
Come	came	come
Cost	cost	cost
Cut	cut	cut
Do	did	done
Draw	drew	drawn
Drink	drank	drunk
Drive	drove	driven
Eat	ate	eaten
Fall	fell	fallen
Feel	felt	felt
Fight	fought	fought
Find	found	found
Fly	flew	flown
Forget	forgot	forgotten

## Continued.....

### V1

Get  
Give  
Go  
Grow  
Hang  
Have  
Hear  
Hide  
Hold  
Hurt  
Keep  
Know  
Leave  
Lead  
Lie  
Light  
Lose  
Make  
Mean  
Meet  
Pay  
Put  
Read  
Ride  
Rise  
Run

### V2

got  
gave  
went  
grew  
hung  
had  
heard  
hid  
held  
hurt  
kept  
knew  
left  
led  
lay  
lit  
lost  
made  
meant  
met  
paid  
put  
read  
rode  
rose  
ran

### V3

got  
given  
gone  
grown  
hung  
had  
heard  
hidden  
held  
hurt  
kept  
known  
left  
led  
lain  
lit  
lost  
made  
meant  
met  
paid  
put  
read  
ridden  
risen  
run

## Continued.....

V1	V2	V3
Run	ran	run
Say	said	said
See	saw	seen
Sell	sold	sold
Send	sent	sent
Shine	shone	shone
Shoot	shot	shot
Show	showed	shown
Shut	shut	shut
Sing	sang	sung
Sit	sat	sat
Sleep	slept	slept
Speak	spoke	spoken
Spend	spent	spent
Stand	stood	stood
Steal	stole	stolen
Swim	swam	swum
Take	took	taken
Teach	taught	taught
Tear	tore	torn
Tell	told	told
Think	thought	thought
Throw	threw	thrown
Understand	understood	understood
Wake	woke	woken
Wear	wore	worn
Win	won	won
Write	wrote	written

# Numbers

1, 2, 3, 4, 5, 6, 7, 8, 9, 10,  
11, 12, 13, 14, 15, 16, 17, 18, 19, 20,  
21, 22, 30, 33, 40, 44, 50, 55,  
60, 66, 70, 77, 80, 88, 90, 99,  
100.

101, 110, 200, 300, 400,  
500, 600, 700, 800, 900,

1,000. 1,001, 1,101, 2,000, 2,222,

10,000, 10,001,

100,000 100,001 1,000,000

12; 20; 13; 30; 14; 40; 15; 50; 16; 60;  
17; 70; 18; 80; 19; 90; 33; 44.

# Time

Twelve o'clock;

Three o'clock;

Six o'clock;

Nine o'clock;

Five past twelve;

Ten past twelve;

A quarter past twelve;

Half past twelve;

Twenty two minutes to one;

A quarter to one.

Eight minutes to two;

Half past three;

Half past six;

A quarter past nine;



# Time

Night

Midnight

Sunrise

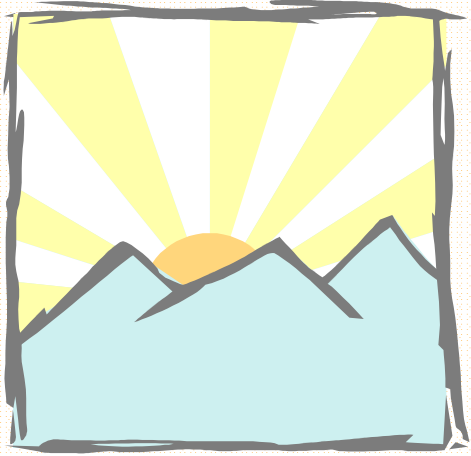
Morning

Midday

Afternoon

Evening

Sunset



A Second

A Minute

An Hour

A Day

A Week

A Month

A Year



# Useful Phrases

Noun  
Adverb  
Article  
Verb  
Adjective  
Pronoun  
Preposition  
Conjugation  
Exclamation!  
Hi  
Hello  
Good morning

Good afternoon.  
Good evening  
How are you?  
I'm ok  
I'm fine, thanks.



Great, and you?  
My name's Sarah.  
I'm Sarah.  
Nice to meet you.  
Nice to meet you, too.  
I'm sorry.  
Excuse me!  
Thank you!

## Useful Phrases continued.....

You're welcome  
I'm from Brazil.  
I live in London.  
Where are you from?  
Do you speak English?  
I speak Portuguese.  
I'm sorry I don't understand.  
Can you repeat that, please?  
Can you speak slower, please?  
I don't speak English very well.  
I understand.  
Of course.  
Alright.  
What do you do?  
I'm an electrician  
What's your telephone number?  
How much is it?  
I'm hungry  
I'm thirsty!  
I'm tired.  
Goodbye.  
Goodnight.



